LAKESIDE

OFFICE HOURS:

M-F: 8am-5pm

AFTER HOURS CONTACT:

609.642.2861

IN THIS ISSUE:

- Filter Changes,
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 Extinguisher Inspections
- Parking
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Joining the Community

September 2023

We are excited to have you as part of our community and know you will find a home here with us. Whether you are a current resident or a new one, please know that our staff is here to support you and to serve as a resource. We invite you to reach out to our staff and your fellow residents and get to know one another. This community is filled with individuals whose diverse life experiences allow us to learn more about our global community, as well as yourself.

Welcome home



Think Smart

Check clothing tags for recommended washer and dryer settings.

- Never wash or dry articles with flammable substances like dry cleaning fluids or gasoline. They could ignite or explode.
- Do not put dry foam, rubber or plastic-coated articles in the dryer.
- Do not overload the dryer.
- Do not use too much laundry detergent. Extra detergent does not help clean clothes; it can leave clothes looking dull and gray because it redeposits soil onto the clothes.
- Check the dryer after 5 minutes of use. If the items tumble into one big ball (bedsheets often do), redistribute the items.

Best Use of Your Washer & Dryer

- Keep the area around the dryer clean. Do not store clothing, boxes, cleaning supplies or aerosol cans above, on top or around the dryer.
- IMPORTANT Clean your lint trap/screen after each load and check it again before you start a new load. Lint build-up could start a fire.

Filter Changes, Fire Alarm/Extinguisher Inspections

During the week of September 18-22 and 26, 2023 Lakeside staff will be entering your unit to change air filters and conduct fire alarm/extinguisher inspections to fulfill our requirements for the fire systems in your unit. The fire alarm inspections that are being conducted include ringing the fire alarm throughout the building to ensure that it is operating correctly in each individual unit. The fire alarm will be activated for 5-10 minutes in each unit. This also means that the alarms will ring several times due to the various floors of the building.

An exact schedule will be emailed to residents on September 14 . Please check your Princeton email inbox and SPAM box.

The main goal of this inspection is to fulfill our requirements for the fire systems and change the air filters in your unit.

If you have a pet, you will need to be present and/or your pet needs to be placed in a cage during the inspection. If you have any questions concerning the inspection of your unit please feel free to contact the Main Office at 609-642-2861.





Parking

As a reminder, all residents must park in the parking garage. Temporary unloading and loading areas are for 30 minute intervals. Overnight parking in these designated areas are not permitted. Any vehicle parked in these areas past the permitted times is subject to ticketing.

All vehicles must be registered with the Department of Parking and Transportation Services and obtain a current, virtual permit in order to park.

Any overnight guests with vehicles must park in the parking garage with the proper registration with Parking and Transportation Services.

Noise Reminder



This a reminder that there is a 24 hour courtesy policy at Lakeside. Please be courteous to your neighbors while you work, conduct online meetings, speaking with others, and schooling inside your unit and/or the Commons, and also when walking in and around Lakeside, as each resident has different work and school hours.

Pets' Leash Reminder

As a reminder, as outlined in the Lakeside Pet Friendly Acknowledgement Form, the Municipality of Princeton township requires dogs to be on leashes at all times when in public.





Reminder to residents that smoking inside the building is prohibited. Smokers must smoke outside and at least 25 feet away from the building.

Mail & Packages Information



Your mailbox # is located on your key packet.

Mailbox#	Mailbox Location		
1 50	200 Lakeside Road		
1-50	(elevator lobby)		
E1 120	151 Taylor Court		
51-130	(elevator lobby)		
121 210	351 Lemonick Court		
131-210	(elevator lobby)		
211 200	751 Hibben Magie Road		
211-290	(elevator lobby)		
201 220	600 Hibben Magie Road		
291-329	(elevator lobby)		



Packages can be mailed to the Main Office at 200 Lakeside Road. Lakeside staff will sign for the package, send you an email notification once it has been received and you can pick it up during business hours. For package deliveries:

- USPS will deliver packages to your mailbox lobby area.
- UPS will deliver packages to your front door/ mailbox lobby area.
- FedEX, Amazon, and 3rd party delivery companies will deliver to your door or outside your building depending if you reside in an apartment or townhouse.
- Please make sure your full unit address is listed.
- DO NOT put your mailbox # on your mail or packages.

MAIL/PACKAGES REMINDERS:

- Please make sure your full unit address is listed.
- DO NOT put your mailbox # on your mail or packages.
- DO NOT remove other residents' packages from the mailroom even if you believe that it was delivered to the wrong building. Not everyone's mailboxes are located in their same building.
- PACKAGES ADDRESSED TO INDIVIDUALS WHO ARE NOT ON THE LAKESIDE ROSTER WILL BE RETURN TO SENDER (RTS).
- Before filing a missing package report, check all mailrooms in the following buildings: 200 Lakeside Road, 151 Taylor Court, 351 Lemonick Court, 751 Hibben Magie Road, and 600 Hibben Magie Road.
- If you are unable to locate your package, you will need to file a claim with that company and Public Safety. Also, contact the company that you had bought the item from and see if they can send another if you are unable to locate it.



Secure Package Shipping for Graduate Students

Print & Mail Services offers secure package shipping for graduate students residing in on-campus apartments

Please note the following guidelines:

- Due to capacity constraints residents are requested to *only* use this service for high-value shipments.
- Residents will be assigned a temporary box # which will be good *only* for that single package and will expire after the shipment is received.

To use this service, residents should email <u>mailsvc@princeton.edu</u>, prior to placing any orders, with subject "requesting a temporary box number for secure shipping of a high value item".

- Please include your Name, PUID # and Email Address
- Mail Services will reply with a 4-digit box number # which should be used as the ship-to address, addressing format below:

Full Name

XXXX Frist Campus Center

Princeton NJ 08544

• When the item is processed by mail services, the recipient will receive an automated email instructing them to pick up the item from the Frist Campus Center smart lockers.

Should residents have any subsequent orders, they will need to contact <u>mailsvc@princeton.edu</u> again to get a new box assignment.

For questions, please contact us by email mailsvc@princeton.edu or phone 609-258-4317

Apartment Building Common Area Storage & Townhouse Outdoor Common Area Storage

This is a reminder that Lakeside is periodically inspected by the Princeton Department of Emergency & Safety Services. Inspectors assess common areas throughout the property. During previous inspections, the following violations have been identified:

Code Section: (i) 1028.1.1

"Combustible or flammable material shall not be placed, stored or kept in any portion of an exit, stairway, fire escape or other means of escape."

Personal belongings including bicycles are not permitted to be stored in hallways outside of your unit or stairwells. Any items that are stored in common areas after this time will be removed and disposed of. In addition, any personal grills being stored on the exterior of any building will be confiscated and disposed of immediately. Grills are allowed at least 25 feet away from any combustible surface.

We'd also like to remind you of the following sections of your Housing Contract:

Section 8. Student Responsibilities, Alterations, Maintenance

The student will be held liable for any fine or charge from a governmental agency accruing to the University through the student's act or omission...

Section 13. Housing and Real Estate Services Regulations

g. Storage: Permission must be obtained from Housing and Real Estate Services to store household property outside the apartment unit or building. No personal property may be kept in hallways, corridors or stairwells.

Bicycles

Bike parking is available throughout the property. Please register your bicycle with Transportation and Parking Services (TPS). Residents should lock their bikes at all times.

Any bicycles found with no permits or abandoned will be removed. Only Lakeside staff, Public Safety, and TPS staff members are permitted to remove any locks or bikes at Lakeside. Please contact Public Safety immediately if you see a non-Lakeside staff member removing a bike lock from a bike.

We also recommend that you use U-Locks to lock your bikes. U-Locks can be purchased from TPS for \$30.

More information can be found at the following link: https:// transportation.princeton.edu/options/biking.

Driving In and Around Lakeside

Please obey all the posted speed signs at Lakeside when driving in and around Lakeside, including the parking garage.

Children's Playroom in the Commons

When using the children's playroom in the Commons, please make sure that all toys and games are put away neatly after you are done.

Trash, Recycling, & Composting

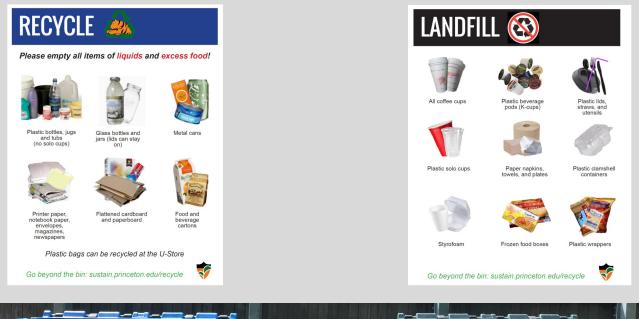
Trash, recycling, and composting must be placed in the appropriate areas. Round metal bins located around the buildings are for loose trash and recycling only. Household trash, recycling, and composting must be placed in the designated areas outlined on the map below.

Green dumpsters are for trash. Blue dumpsters are for recycling. The brown bin is for composting. There are also metal crates for recycling boxes. Please break down all boxes before placing them in the blue dumpsters or metal crates. Signs are posted inside these areas so that you are aware of what things can and cannot be placed in which color bins.

Any residents' trash, recycling, or composting found outside their units or buildings, or in the wrong trash areas will be subject to fines.

These bins are located behind the wooden fenced areas on Lakeside Road, Hibben Magie Road, Taylor Court, and Lemonick Court.













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- "Annual Welcome BBQ": Monday, September 11 2023, 4:30pm-6:30pm. Join us and the Graduate School at the Lakeside basketball court for food and drinks. Bring your family, friends, and roommates. All are welcome to join!
- Meet & Greet with Gloria & Anne": Thursday, September 21, 2023,
 4:30pm-6pm. Come meet and join us at the Commons B (TV Lounge) in the Commons for some light refreshments for questions and answers and to meet other fellow Lakeside Graduate students. All are welcome to join!



Hi, How Are You Corner

September is **Suicide Prevention Awareness** month and we want to raise awareness of those living with mental or behavioral issues to help reduce the stigma so many experience. Often people experiencing the onset of a mental health issues feel completely alone. Never underestimate the power of you being there. Actively listen and look for opportunities to share and ask questions. **Here are some questions you can try:**

- I care about you and want to listen. What do you want to share about your feelings?
- Who or what has helped you in the past?
- I have noticed you are [sleeping more, eating less, etc.] Is everything ok?
- Can I help connect you to a counselor or community resource that can help you?

Your university provides a variety of offices with staff and faculty who are there to support you and your peers. These offices could include:

- Counseling/Mental Health Center
 Student Health Services
- Emergency Services
 Dean of Students

University Police Department

Nobody needs to be alone. If someone shares they need help, you should refer them to the following resources:

National Suicide Prevention Lifeline **1.800.273.TALK (8255)** | Crisis Text Line: Text **NAMI** to **741-741** National Alliance on Mental Illness: www.nami.org | 911 or your nearest emergency room if any concern for danger.

Summer Utility Tips and Tricks

Utilize a Power Strip

Plug your TV, phone charger, computer and other electronic devices into a power strip. Then, turn the power strip off when you're away and at night.

Use Fans

Ceiling and floor fans help to cool without using much electricity.

Close the Blinds

During the warmest part of the day, close your window blinds to keep out the sun. This can also help insulate your windows, which stops the cold air from escaping!

Turn Off the Lights

Remember to turn off the lights when you leave your room and before leaving your apartment.

Turn it Up

Don't waste energy (and money) cooling an empty apartment! On your way your way out the door, be sure turn up the temperature on your thermostat.

Air-Dry Your Laundry

Take advantage of the late sunset and warm evenings to bypass the dryer and let your clothes air-dry.

Maintenance

If your toilet is clogged, do not continue to use it nor pour anything to unclog it. The best way to unclog it is to use a plunger.

To submit a maintenance request, you may email, Call the office at 609.642.2861 or log onto: : <u>Lakeside Maintenance Request Portal</u>





ENERGY SAVING TIPS

- If you are opening your windows for a long period of time, make sure to turn your heat/air conditioning off.
- Please close your windows if the weather calls for high possibility of rain.



Western Pest Control will be at Lakeside every Wednesday to address any pest issues.

Issues should be submitted prior to the day of service so that they can be addressed in a timely manner.

Pest Tip of the Month:

Remove and clear out any dust and spider webs by using a duster or hose attachment for your vacuum. Weekly cleaning can help prevent build up of dust and spider webs, which can contain dust mites, spiders, and other insects.

Women's Meditation

September's Theme: Beginning Again



Monday September 11 12pm

Murray-Dodge Hall 104

Open to people of all gender expressions.

A meditation for women students, staff and faculty, facilitated by Alison Boden (ORL) and Jessica Cichalski (UHS). Inclusive of people of all gender expressions. A healthy lunch will be provided.

Questions: aboden@princeton.edu



Mental Health & Well-Being Virtual Drop-Ins - Fall 2023 with Sue Kim, LCSW

🗇 TigerWell

Sue is providing dedicated virtual drop-in hours which are confidential one-on-one meetings that last 30 minutes. It is a supportive space where students can receive counseling on issues of anxiety, depression, stress, relationship conflicts, cultural differences and anything else that may feel challenging.



For all students (both undergrad & grad): Mondays: 4-6pm Wednesdays: 4-6pm Thursdays: 12-2pm https://princeton.zoom.us/ j/93038968350

If you prefer to schedule a drop-in session in advance, go to: https://calendly.com/sk38

To schedule a session outside of drop-in hours, email Sue at sk38@princeton.edu



September 6th -December 22nd

Sue will not be holding drop-in hours on the following dates: 10/9, 11/9, 11/22, 11/23

Sue is a TigerWell Outreach Counselor at CPS; she partners with The Graduate School, SEAS (School of Engineering and Applied Sciences) and the Davis International Center.

Sue Kim, LCSW (she|her|hers) sk38@princeton.edu p:609.258.2991





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