

# LAKESIDE

APARTMENTS

## IN THIS ISSUE:

- Events
- Bike Removal
- And so much more!

## OFFICE HOURS:

M-F: 8am—5pm

## AFTER HOURS CONTACT:

609.642.2861



## Healthy Habits

As part of our *Be safe. Be smart. Do your part.*<sup>™</sup> program, our partner RB – the makers of Lysol – want to help you keep your space clean!

**In the Kitchen:** Frequently disinfecting surfaces in your home can be a game changer! With you and your roomies hanging out, preparing food and eating in the kitchen, those surfaces can get especially germ-y. To keep countertops clean and disinfected, follow these steps:

**Step 1:** Thoroughly clean the area with an all-purpose cleaner and then wipe away.

**Step 2:** Spray your countertop until wet with an antibacterial cleaner.

**Step 3:** Leave for 30 seconds to sanitize, or 2 minutes to disinfect.

**Step 4:** Wipe away, rinsing all food contact surfaces with water after use.



It's up to all of us to do your part to put health and wellness first. Follow this Healthy Habit and guidelines set out by the CDC, and if you're not feeling well, stay home and reach out to your healthcare provider. We're in this together!

## **Storm Preparedness Reminder**

With the recent series of tropical storms and hurricanes, we are reminded that our area has historically experienced storm events at this time of year that can disrupt regional power service. This can affect all of the University's rental housing for both graduate students and faculty/staff members, since all receive power from the public utility, PSE&G. Power outages due to severe storms can last several days. Therefore, we want to remind residents of the general preparedness guidance of keeping a minimum of three days' supply of water, food, and emergency supplies on hand for all of the members of your household. In addition, for any individuals utilizing basement or ground level storage, we recommend that you consider elevating your belongings off the floor wherever possible as well as transitioning storage out of cardboard or paper based boxes and into plastic sealable containers. Taking these steps may mitigate any damage resulting from water intrusion.

**We strongly encourage you to check your contact information for TigerAlert (here) and download the TigerSafe app (here) to stay up-to-date with emergency information.**

The University has compiled resources for residential emergency preparedness, and it is a good time to review the attachment to this email and the following links:

- \* FEMA's Ready website and attached checklist: <http://www.ready.gov/>
  
- \* Tips for the campus community: <https://emergency.princeton.edu/what-to-do/severe-weather/hurricane>  
<https://emergency.princeton.edu/how-to-prepare/survival-kits>  
<https://emergency.princeton.edu/what-to-do/facilities-and-utilities-issue/power-outage>
  
- \* American Red Cross tips: <http://www.redcross.org/prepare/location/home-family/get-kit>
  
- \* PSE&G's outage page: [http://www.pseg.com/home/customer\\_service/outage\\_info/lose\\_power.jsp](http://www.pseg.com/home/customer_service/outage_info/lose_power.jsp)

**We recommend bookmarking these sites on a mobile device so that you can continue to access these materials in the event of a power outage.** Most of the resources found at the links have subsections on special preparations for caring for children, people with medical conditions, the elderly, and pets.

In the event of a power outage, work to restore service will be performed by PSE&G. It is also helpful for the University to be aware of rental housing properties without power, so please inform the Lakeside Main Office or the Department of Public Safety. Contact information for each of these is below:

Report outages to PSE&G at (800) 436-PSEG (7734)

Lakeside Main Office/Maintenance Emergencies: (609) 642-2861

Department of Public Safety:

ALL EMERGENCIES: Call 9-1-1 (Cell towers are now set up to route 911 callers to DPS dispatch if the caller is on campus.)

Non-Emergencies: Call (609) 258-1000

We ask that you peruse the above materials and use this time to make sure you are ready to stay safe and as comfortable as possible in your home for at least three days in the event of an extended power outage. Meanwhile, please direct any questions on emergency preparedness to the Main Office at (609) 642-2861.

## **Crosswalk Striping**

During the October 17-20, maintenance will be painting all the crosswalks at Lakeside. On Tuesday, October 17, buses will be rerouted between 10am and 3:30pm.

## **Lawn Fertilization**

On Thursday, October 12, from 8:00am – 4:00pm. Application of fertilizer to grass areas throughout the property. Adam's Earth Fertilizer will be used

To expedite the process, we ask that you remove any personal belongings from the grass areas around Lakeside before 8am on Thursday, October 12. All work will be conducted outside so no one will need access to your unit. Work prior to 9:00am will be quiet. Should weather impact any scheduled date, please expect activity the following business day.

## **Gutter Cleaning**

Maintenance will be cleaning all building gutters between October 24-November 3 with weather permitting. Maintenance will not need to enter any units. Please be cautious entering and leaving units/building as maintenance will be on ladders.

## **Smoking**

Reminder to residents that smoking inside the building/townhouse is prohibited. Smokers must smoke outside and at least 25 feet away from the building/townhouse.

## **Parking Reminders**

As a reminder, all residents must park in the parking garage. Temporary unloading and loading areas are for 30 minute intervals. Please respect the time and space so everyone are able to utilize these spaces. Overnight parking in these designated areas are not permitted. Any vehicle parked in these areas past the permitted times is subject to ticketing.

All vehicles must be registered with the Department of Parking and Transportation Services and obtain a current, virtual permit in order to park.

Any overnight guests with vehicles must park in the parking garage with the proper registration with Parking and Transportation Services.

## **Abandon Bike Removal**

During the week of October 24-27, yellow “WARNING” tags will be placed on the handlebars of all bicycles on property. Residents will need to remove the yellow tag from their bikes by the end of the week. Any bicycle that still has a yellow tag on Tuesday, November 1st will be identify as “abandoned”. Abandoned bicycles will then be removed and donated.

## **Leaving and Entering Parking Garage**

Please use caution and obey all signs in the parking garage as you enter, park, and leave. Any accidents should be reported to DPS (Public Safety).

## **Noise Reminder**

This a reminder that there is a 24 hour courtesy policy at Lakeside. Please be courteous to your neighbors while you work, conduct online meetings, speaking with others, and schooling inside your unit and/or the Commons, and also when walking in and around Lakeside, as each resident has different work and school hours.



## **October is Breast Cancer Awareness Month**

- 1 in 8 women in the United States will develop breast cancer in their lifetime.
- Breast cancer is the most commonly diagnosed cancer in women.
- On average, every 2 minutes a woman is diagnosed with breast cancer in the United States.
- There are over 3.5 million breast cancer survivors in the United States.



# Hi, How Are You *Corner*

October 10th is World Mental Health Day. Since 1992, this day has been dedicated to raise awareness of mental health issues around the world and mobilize efforts in support of mental health. Many national organizations such as NAMI, World Health Organization and other affiliates recognize World Mental Health Day and they work to educate the public, fight the stigma and provide support. And each year, the movement grows stronger.

American Campus and the Hi, How Are You Project are coming together for World Mental Health Day. We hope you join us in taking a simple pledge, “**Because mental health matters, I pledge to ask others Hi, How Are You?**” to help shed light on the current reality that 1 in 5 Americans experience a mental health illness with 75 percent of mental illnesses beginning by age 24.

To take the pledge, visit [hihowareyou.org/pledge](http://hihowareyou.org/pledge)



**“Autumn Fest”**: Join us on Tuesday, October 24 from 5pm-7pm in the Commons B for some fall activities such as hot apple cider, painting pumpkins, make your own candy apple station, and other refreshments. All are welcome to come!



**“Trick or Treat”**: Join us on Tuesday, October 31 from 4pm-6pm outside the Commons/BBQ Patio to pick up your own treat bags. Wear your best costume for a prize basket. The winner will be contacted via email. All are welcome to come!

# Fall Into Baking

## Sweet & Spooky Halloween Treats

### Pumpkin Chocolate Chip Cookies *(Makes 35 Cookies)*

#### Ingredients

2¼ cup all-purpose flour  
1 tsp baking soda  
1 tsp pumpkin pie spice  
½ tsp kosher salt  
1 cup (2 sticks) unsalted butter, softened  
¾ cup brown sugar  
½ cup granulated sugar  
¾ cup pumpkin puree  
1 large egg  
2 tsp pure vanilla extract  
2 cup semi-sweet chocolate chips

#### Directions

Preheat oven to 375 degrees and line two large baking sheets with parchment paper. In a small bowl, whisk together flour, baking soda, pumpkin spice and salt. In a large bowl using a hand mixer, cream together butter and sugars until light and fluffy. Beat in pumpkin, egg and vanilla extract until combined, then add flour mixture. Beat on low until no raw flour appears, then fold in chocolate chips. Refrigerate dough for 30 minutes. Scoop 1 inch balls onto prepared baking sheets, 2 inches apart and bake until puffed up and golden around edges – about 12 minutes.



### Mummy Jalapeño Poppers *(Makes 20 Poppers)*

#### Ingredients

10 jalapeño peppers, slices in half lengthwise and pit/seeds removed  
8 ounces cream cheese, room temperature  
8 ounces jack cheese, shredded  
1 scallion (green onion), finely chopped  
½ tsp salt  
1 package refrigerated crescent rolls  
2 eggs, beaten  
Candy eyeballs

#### Directions

Preheat oven to 400 degrees. In a small bowl, mix the cream cheese, jack cheese, scallion and salt until well blended. Roll out the crescent rolls and separate into 4 rectangles (not triangles) with a perforation in the middle of each. Press your fingers into the perforation to seal them. Using a pizza cutter, cut each rectangle into 10 long pieces lengthwise. Fill each jalapeño half with the cheese mixture. Wrap each jalapeño half with the dough, leaving the space for the eyes. Use two pieces of dough if necessary. Brush with egg mixture and place on baking sheet. Bake in oven for 8-10 minutes. Remove from the oven and press the eyes into the cheese where the opening is. Serve immediately.



## Halloween Avocado Toast



## (Gummy) Worm Ice Cubes



## Trash, Recycling, & Composting

Trash, recycling, and composting must be placed in the appropriate areas.

Round metal bins located around the buildings are for loose trash and recycling only.

Household trash, recycling, and composting must be placed in the designated areas outlined on the map below.

Green dumpsters are for trash. Blue dumpsters are for recycling. The brown bin is for composting. There are also metal crates for recycling boxes. Please break down all boxes before placing them in the blue dumpsters or metal crates. Signs are posted inside these areas so that you are aware of what things can and cannot be placed in which color bins.

Any residents' trash, recycling, or composting found outside their units or buildings, or in the wrong trash areas will be subject to fines.

These bins are located behind the wooden fenced areas on Lakeside Road, Hibben Magie Road, Taylor Court, and Lemonick Court.



# RECYCLE

Please empty all items of **liquids** and **excess food!**



Plastic bottles, jugs and tubs (no solo cups)



Glass bottles and jars (lids can stay on)



Metal cans



Printer paper, notebook paper, envelopes, magazines, newspapers



Flattened cardboard and paperboard

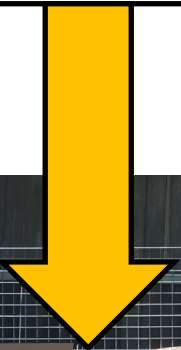


Food and beverage cartons

Plastic bags can be recycled at the U-Store

Go beyond the bin: [sustain.princeton.edu/recycle](http://sustain.princeton.edu/recycle)

This metal crate is for cardboard boxes only. Cardboard boxes must be broken down.



# LANDFILL



All coffee cups



Plastic beverage pods (K-cups)



Plastic lids, straws, and utensils



Plastic solo cups



Paper napkins, towels, and plates



Plastic clamshell containers



Styrofoam



Frozen food boxes



Plastic wrappers

Go beyond the bin: [sustain.princeton.edu/recycle](http://sustain.princeton.edu/recycle)



# COMPOST

FOOD SCRAPS ONLY, NO PAPER



NO PLASTIC NO METAL NO STYROFOAM



\* Please do not use or put compostable bags into the bins. Most compostable bags cannot be compost.



# Maintenance

To help prevent a build up of cooking smells in your unit, please make sure to use the vent fan while cooking. The switch for your fan is either located on your microwave or hood of your stove.

Have a work order? Call the office at 609.642.2861 or submit through your account at

[Lakeside Maintenance Request Portal](#)



## ENERGY SAVING TIPS

- Let your dishes air dry by turning off the heated dry option on your dishwasher. Then prop the dishwasher door open slightly so the dishes will dry faster.
- Keep range-top burners and reflectors clean; they will reflect the heat better, and you will save energy.



Western Pest Control will be at Lakeside every Wednesday to address any pest issues. Issues should be submitted prior to the day of service so that they can be addressed in a timely manner.

### Pest Tip of the Month:

Recycle stacks of papers, books, newspapers, magazines, boxes, plastic or glass bottles, to prevent infestation.