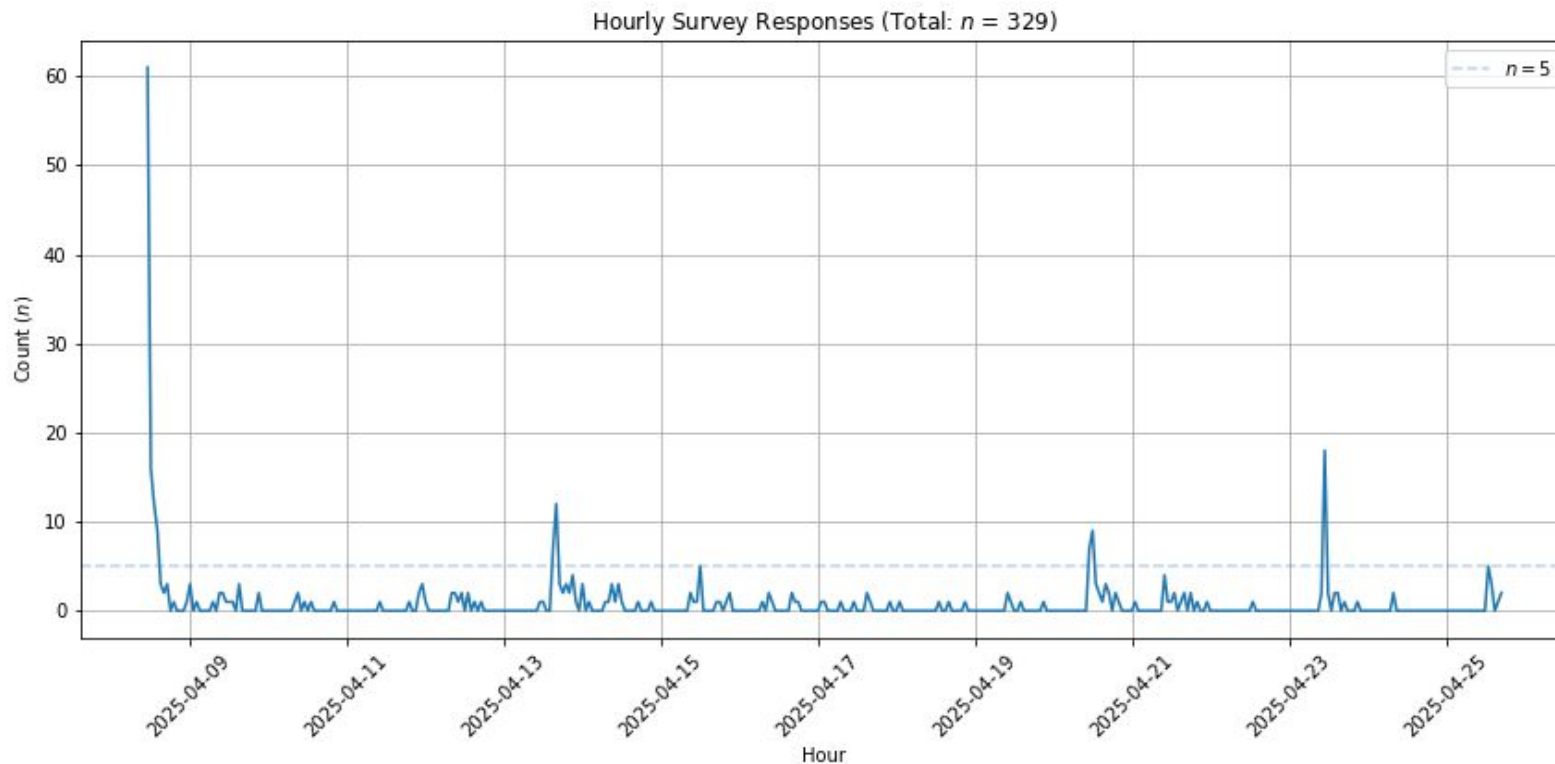


# Lakeside Resident Poll Results

Isabelle Chen, Jan Ertl, Yi Ying Tan

# Survey Participation

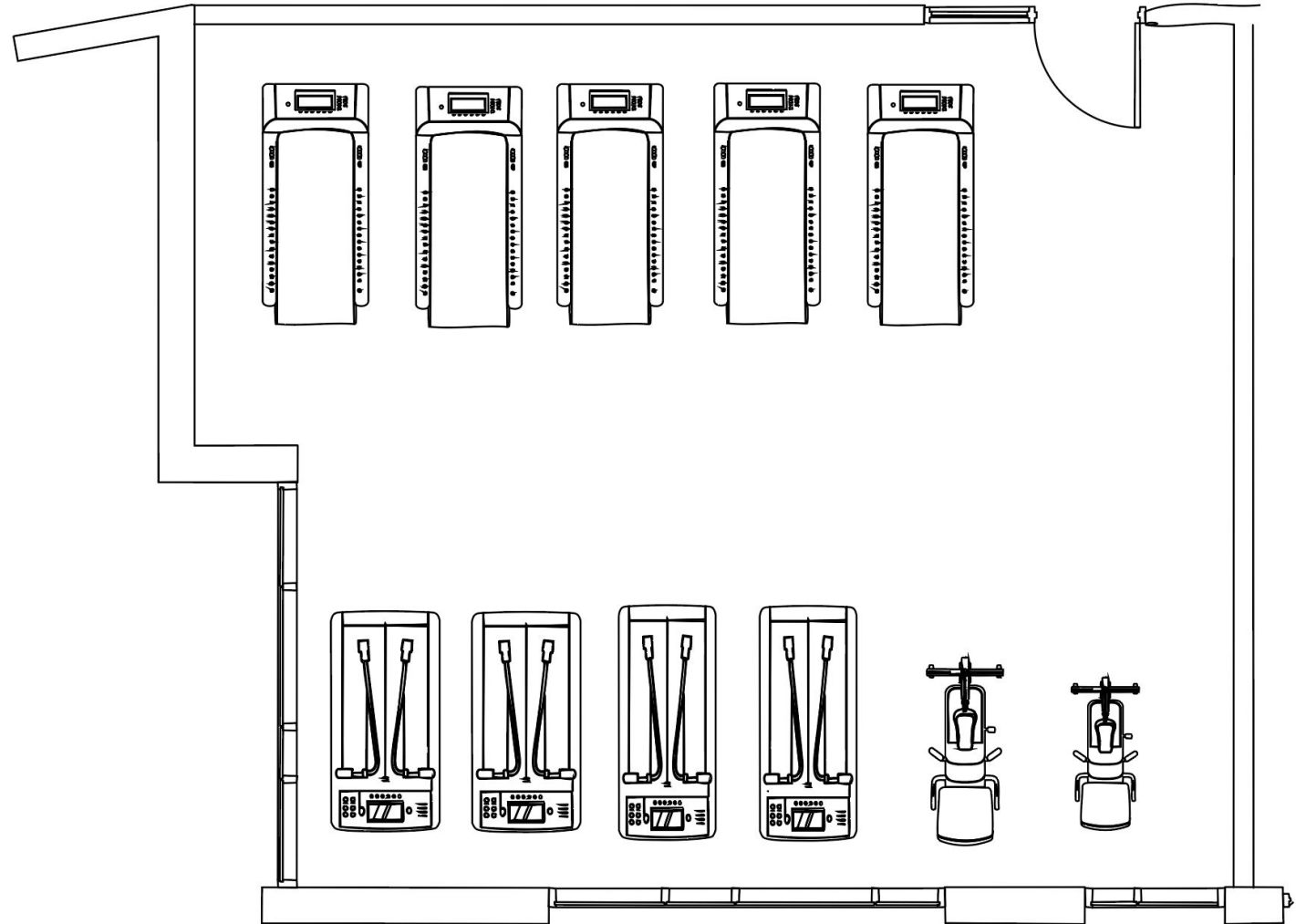
- **329 responses (51.1% of 644 active contracts)**
- For comparison, **>2x responses than in recent Housing survey** (155 responses among Lakeside residents)
- 5 reminder emails, many Slack reminders, multiple posters in every building
- **All questions were compulsory** (excl. “additional comment” sections).



# Current Gym Setup

11 cardio machines:  
5 treadmills,  
4 ellipticals,  
2 stationary bikes

**(The graphic on the right is  
made to scale.)**

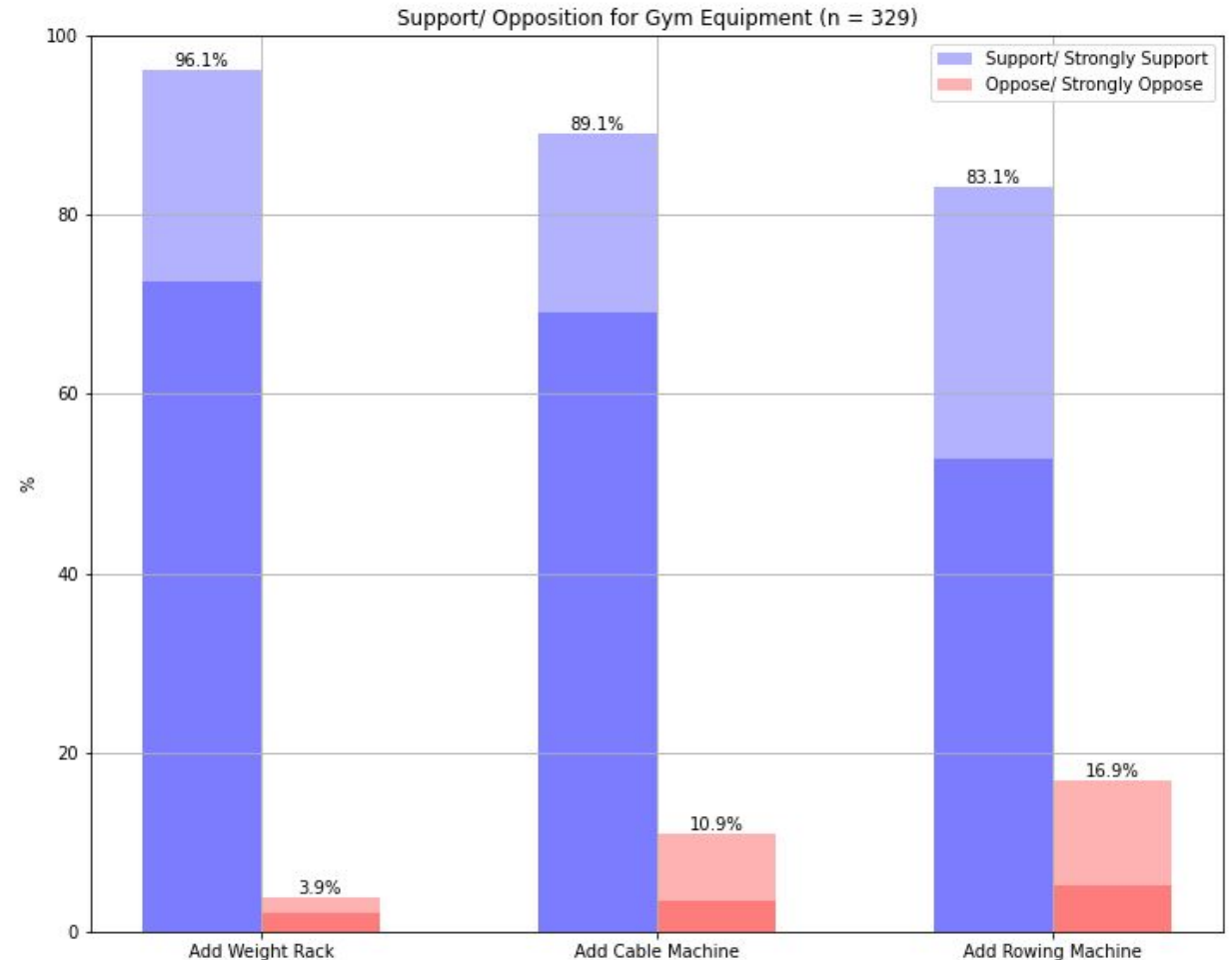


# Gym Equipment Improvements

Strong support for all three proposals (**near unanimous support for dumbbell/ weights rack**):

- Dumbbell/weights rack: **96.1% support** among those with an opinion (269 support vs. 11 oppose)
- Cable machine: **89.1% support** (228 support vs. 28 oppose)
- Rowing machine: **83.1% support** (192 support vs. 39 oppose)

(This is not including those who are neutral.)



(Darker color indicates strong support/ opposition.)

# Old Equipment Removal Strategy

We also asked residents to

- Indicate the minimum acceptable number of existing machines that should remain, as a result of any new machines.

To make space for new equipment, at least

- 76% of residents would accept reducing treadmills from 5 to 3
- 79.3% would accept reducing ellipticals from 4 to 2
- Only 51.4% would support removing a stationary bike

→ **Remove two ellipticals and two treadmills**

Qualitative responses

- indicate significant issues with treadmill #2
- suggest re-orienting cardio equipment to face the windows

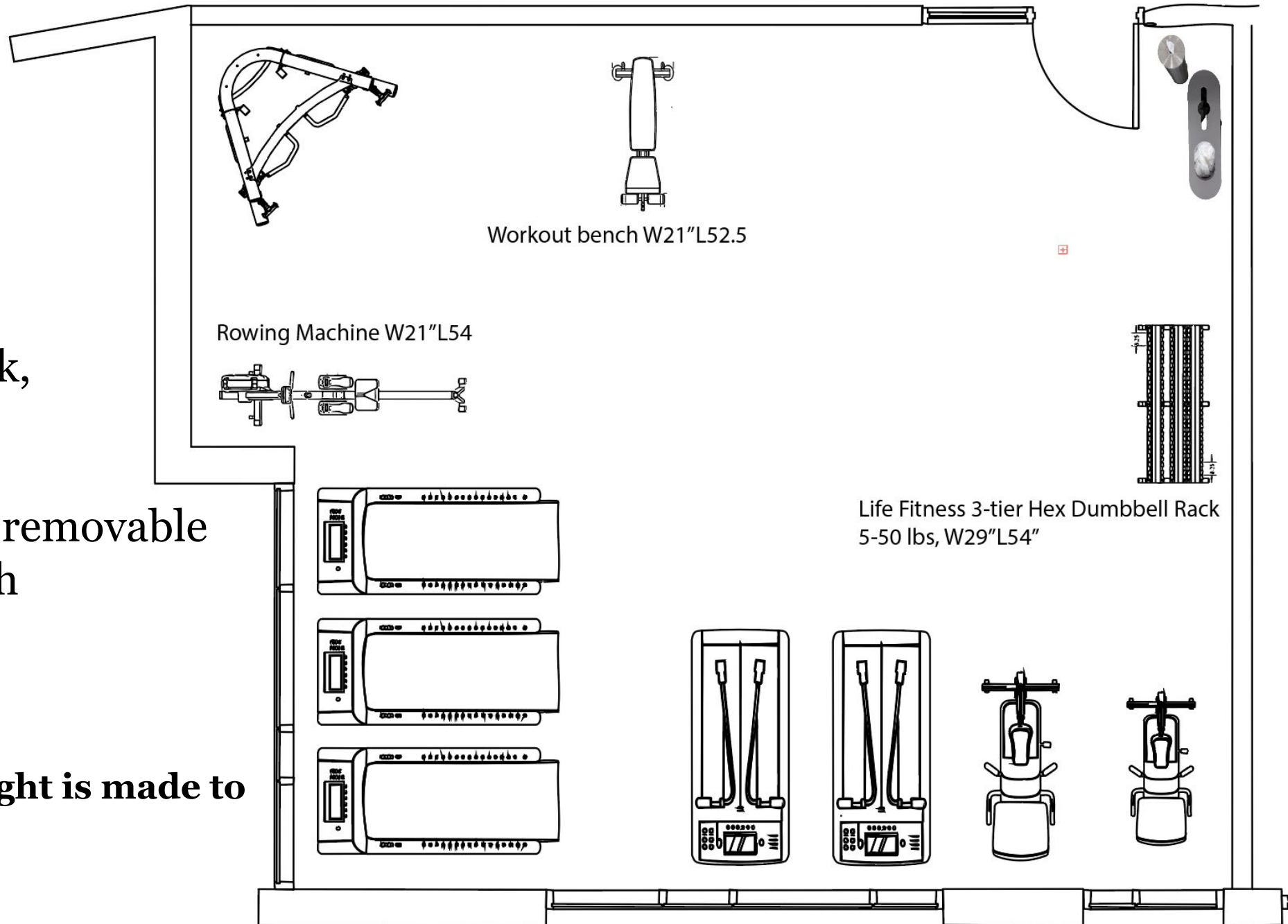
# Hypothetical Gym Setup with Changes

3 tier Dumbbell Rack,  
5-50 lbs

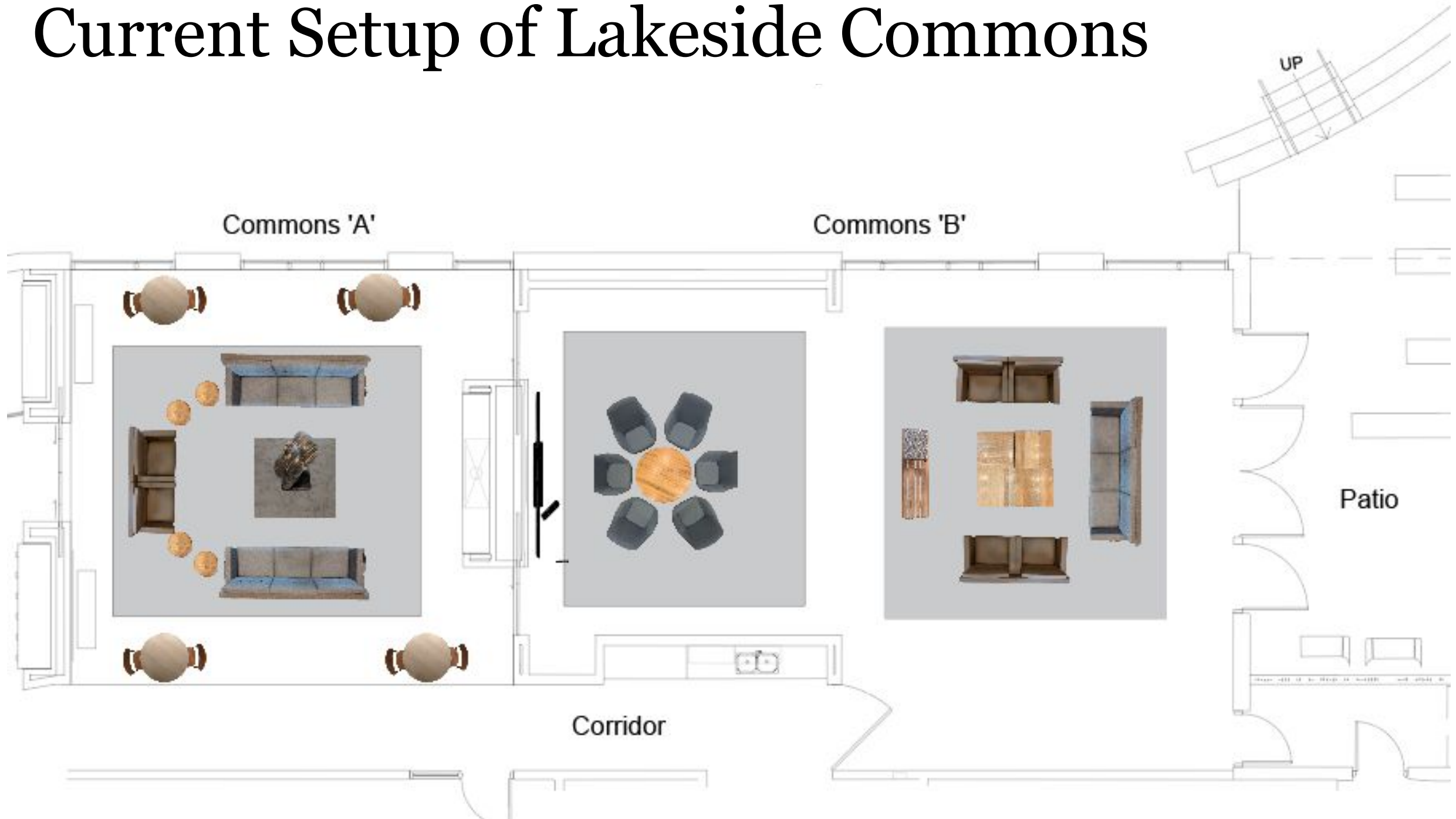
Cable Machine with removable  
and adjustable bench

Rowing machine

(The graphic on the right is made to  
scale.)



# Current Setup of Lakeside Commons



# Lakeside Commons A

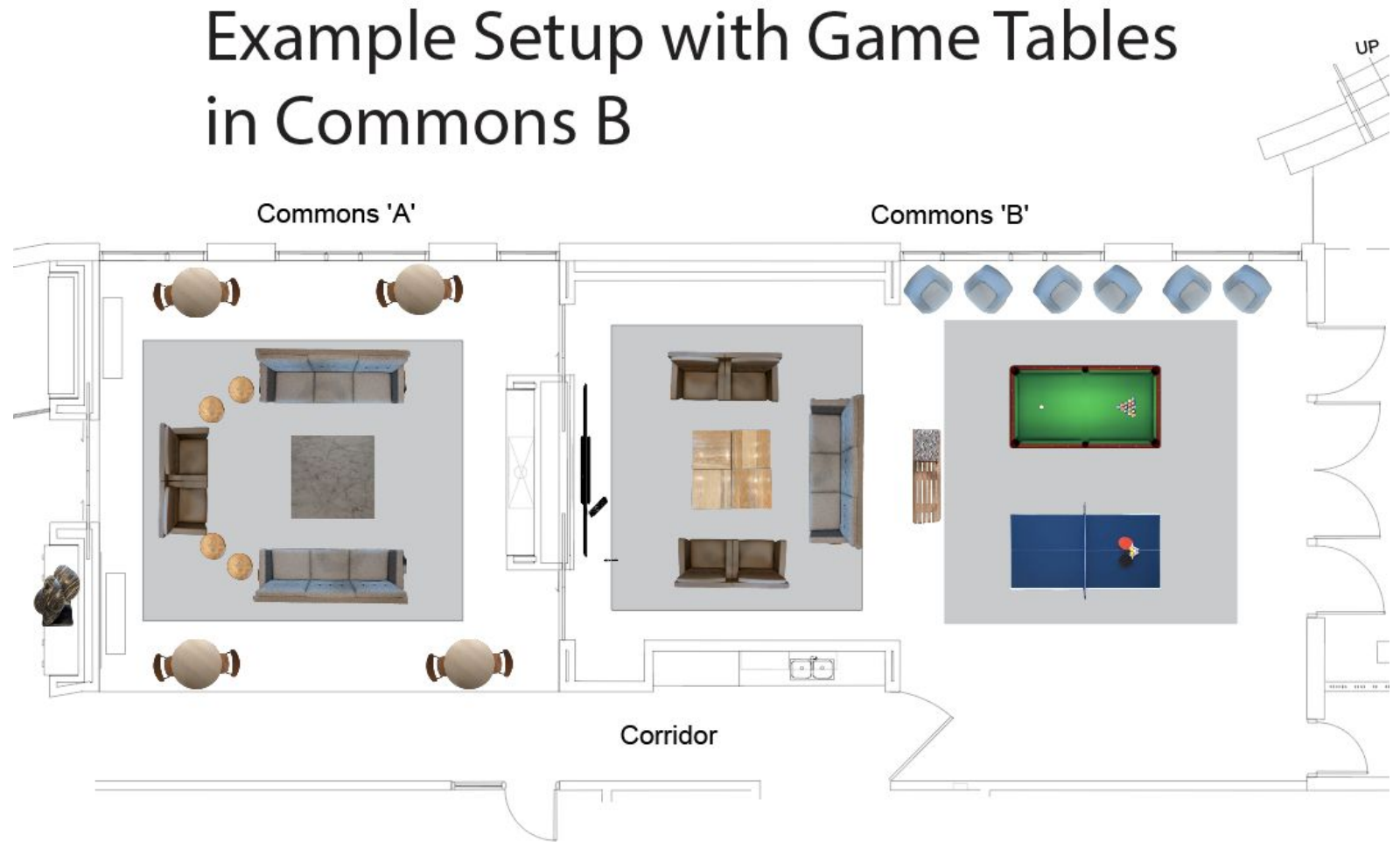
- Remove sculpture from table in Commons A (can move to foyer table with statue by same artist) to allow residents to use the space for games, work collaboration, etc.
- **90.3% support among those with an opinion**
- (167 support vs. 18 oppose)
- 43.8% of participants were neutral.



# Adding amenities to Lakeside Commons B

**Sample mockups** of how the Commons might look after changes (i.e., graphic on the right) **were presented** in the survey.

We emphasized that any changes would result in a larger seating arrangement in front of the TV, and game tables either in Commons A or in B toward the patio.

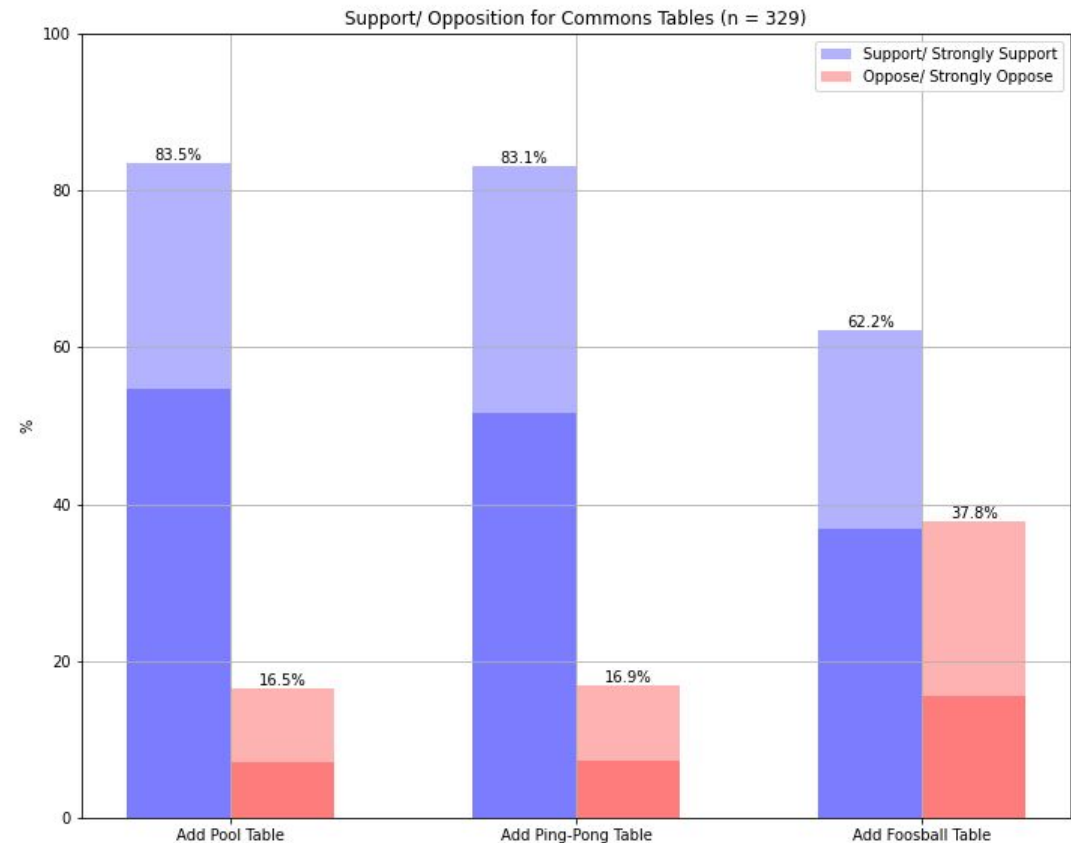


# Adding amenities to Lakeside Commons B

Three possible game tables for Lakeside Commons B: pool table, ping pong table, foosball table.

Support for specific game tables: pool table and ping-pong table were similarly popular, while foosball was less so.

- Pool table: **83.5%** (5 to 1) support, among those with opinion (223 residents)
- Ping pong: **83.1%** (4.9 to 1) support (217 residents)
- Foosball only: **62.2%** (1.6 to 1) support (143 residents)

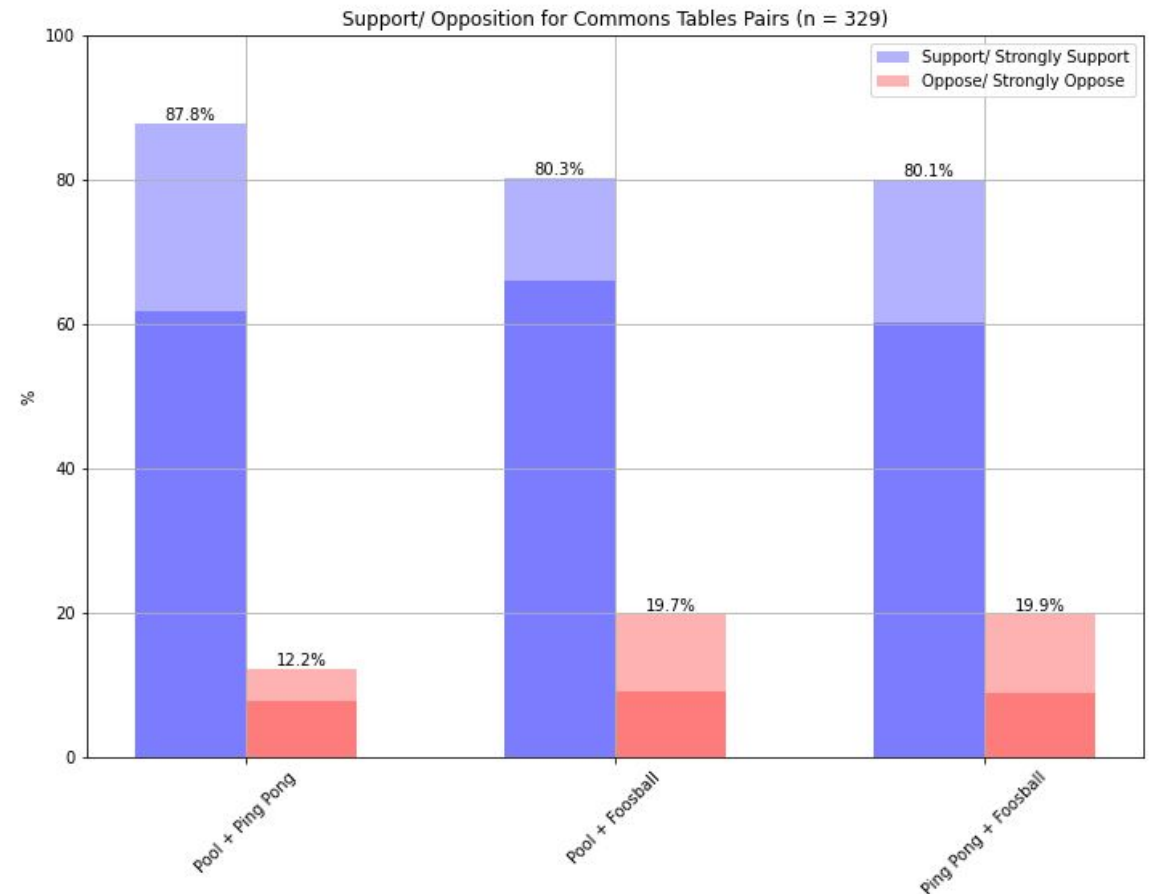


(Darker color indicates strong support/ opposition.)

# Adding amenities to Lakeside Commons B

When analyzing various two-table combinations, the pool table and ping-pong table together have the highest support (excluding neutral and mixed support):

- Pool and ping-pong: **7.2 to 1 support ratio** (237 support, 33 oppose)
- Pool and foosball: **4.1 to 1 support ratio** (191 support, 47 oppose)
- Ping-pong and foosball: **4 to 1 support ratio** (197 support, 49 oppose)

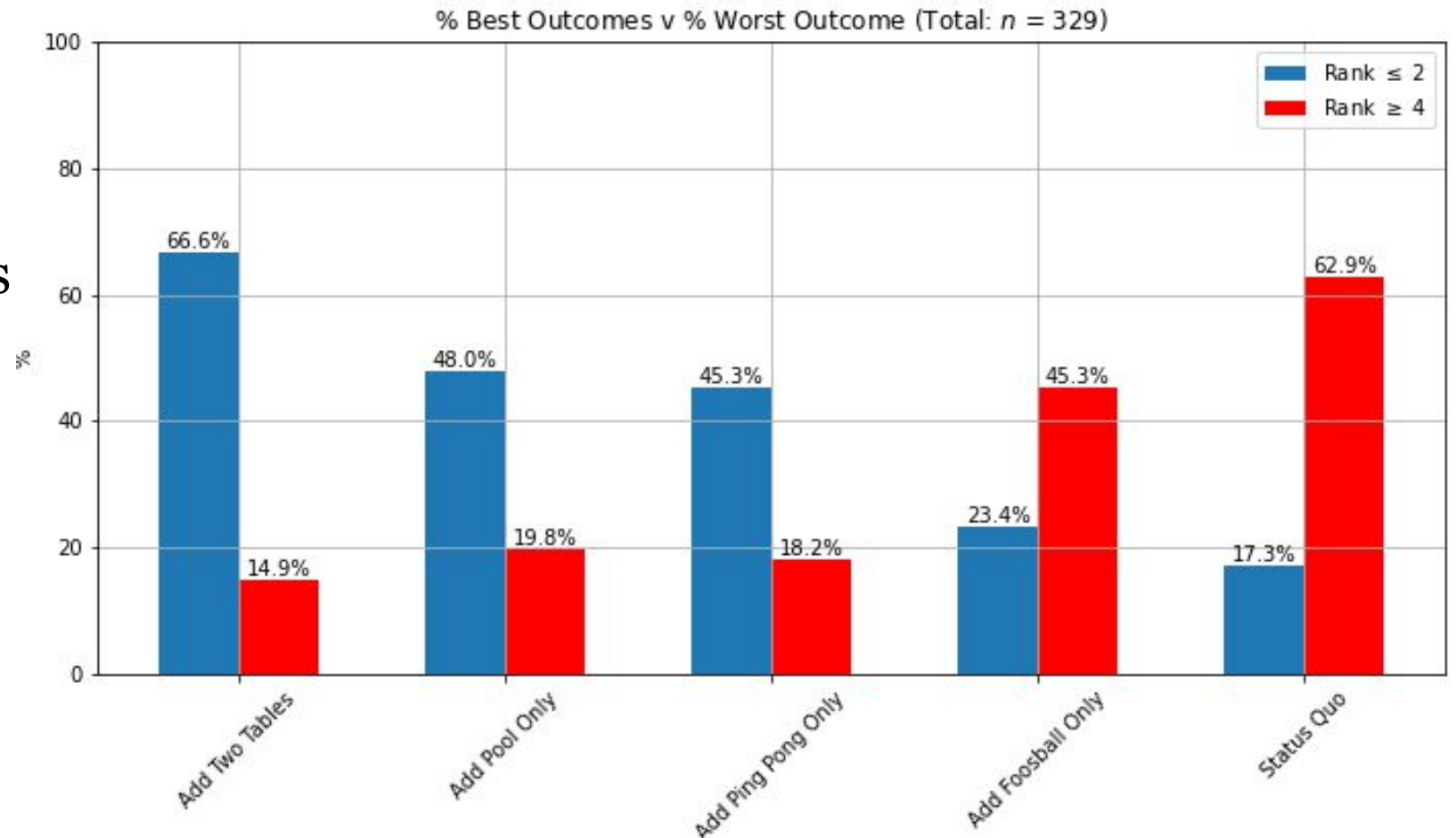


(Darker color indicates strong support/ opposition.)

# Adding amenities to Lakeside Commons B

**Overall results: Residents favor adding recreational options to Commons B.**

- 219 residents (66.6% of respondents) rank installing two game tables in Lakeside Commons as a top-ranked outcome.
- 207 residents (62.9%) rank the status quo (no tables) as a worst-ranked outcome.



# Pickleball Court Addition

We asked: Would you support:

- Adding pickleball markings to the basketball court and a portable pickleball net to the community recreation storage bin
- **87.0% of residents with an opinion support this change** (181 support vs. 27 oppose)

If Lakeside add a pickleball court I'll name my kids  
"Lakeside Common Room Junior"

1 response

# Usage patterns

Current amenity usage is moderate, but would be improved with changes to the gym and Commons.

Currently:

- **41%** of respondents use the gym at least once a week
- **19.5%** of respondents use the common areas at least once a week

If there were a greater variety of gym equipment and/or Commons activities:

- **84.8%** of respondents would use the gym more (279 agree, 13 disagree)
- **72.6%** of respondents would use the common areas more (239 agree, 26 disagree)

# The Committee's Recommendations

- 1. Add a dumbbell/weights rack, a cable machine, and a rowing machine to the gym.**
  - a. This would involve removing old/defective equipment (2 ellipticals, 2 treadmills)
  - b. If free weights are not feasible, there is strong demonstrated demand and support for other weight-training equipment.
  
- 1. Add a pool table and ping-pong table to Commons B**
  - b. This would involve rearranging seating in two large areas, with one in front of the TV.
  
- 1. Add pickleball lines to basketball court.**
  - b. Low-cost addition of court lines and portable net.
  
- 1. Move the sculpture from the table in Commons A.**

# Implementation Timeline

## Immediate steps:

1. **Lakeside Committee will send these proposal slides** to Michelle Ruggia, Lo Nieves, and Shawn Copeland to start the University assessment process.
1. **Lakeside Committee will assess our current budget** to determine what percentage of the cost of the new gym machine(s) and game table(s) we can cover ourselves.
1. **Lakeside Committee will schedule a consultation with the TigerWell Initiative** to see if these measures could be financially supported by a TigerWell Grant.
1. **Michelle will forward the Lakeside Committee's findings and recommendations through the approval chain and send updates** including:
  - a. What weight-related equipments are feasible, including those not explicitly mentioned in the survey (the committee is fully prepared to confirm support for other machines.).
  - b. To which stages the proposal has advanced and what additional information may be helpful from the committee.



# Implementation Timeline, continued

## **Phase 1 (as soon as possible after approval):**

1. Move the sculpture from the table in Commons A.
1. Switch the seating arrangements in Commons B to have the larger arrangement in front of the TV.
1. Re-orient the gym equipment that will remain to face the windows, position equipment slated for removal near door

## **Phase 2:**

1. Remove the 2 Cybex ellipticals and Treadmills #2 and #4, and acquire weights rack, cable machine, and rowing machine.
1. Acquire pool and ping pong tables for Commons B.
1. Acquire pickleball markings and portable net that fits the community rec bin.

# Suggestions for gym equipment

Hex Weights 5 - 50

<https://shop.lifefitness.com/products/rubber-hex-dumbbells>

Hex Dumbbell Rack 5 - 50

<https://shop.lifefitness.com/products/life-fitness-3-tier-hex-dumbbell-rack-5-50>

Cable Machine

<https://shop.lifefitness.com/products/g7-home-gym>